

Total Physiotherapy Services
PILATES TIMETABLE *By Appointment Only*
9am - 4pm Weekdays Discounted

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8-15am	8-15am
8-30am Andrew				Olivia	Andrew
9.15am Andrew	9am Olivia	9am Andrew	9:30am Olivia	9am Olivia	9am Steve
	9.45am Olivia	9-45am Andrew		9-45am Andrew	
	1-00pm Lydia				
	1-45pm Lydia				
4pm Andrew		4pm Olivia			
4-45pm Olivia		4-45pm Steve			
5-30pm Steve	5-30pm Nick	5-30pm Steve	5-30pm Andrew	5-30pm Steve	
6-15pm Lydia	6-15pm Nick	6-15pm Lydia	6-15pm Andrew	6-15pm Steve	
7-00pm Steve	7-00pm Nick		7-00pm Andrew		